

# HHI At-a-Glance

## March-April 2012

### Southeast Region

**St. Francis County** – Cassie Lewis, the Community Health Nurse Specialist for SE region, collaborated with Delta AHEC staff to present the Lincoln Middle Academy of Excellence school an injury prevention program on bullying and the adverse effects bullying has on the victims who are injured as a result of its impact. The students were shown a video entitled “Bullying.” There was also discussion about possible consequences that bullies could face and how new legislation is being implemented constantly around the country.

These 5th and 6th graders listened intently as several students in this video talked about the impact that bullying had on their lives, both victims and those who had victimized them. The students also opened up to presenters about how they had either participated or been victimized by bullying in the past. The students were presented with a pre and post verbal test in the form of questions related to bullying and its effect on others prior to watching the video and retested verbally after watching the video. The students showed a 100% improvement in understanding the effects of bullying and ways to prevent/address bullying in their environment. 264 boys and 259 girls of multiracial, ethnic, and cultural backgrounds were educated on bullying and bullying prevention skills.

### Southwest Region

**Dallas County** – A group of DASH Coalition representatives, Liz McNair, Keith Gresham, Lamar Evans, and Joni McGaha, traveled

from Fordyce to Nashville, Arkansas recently to tour the Howard County Farmers Market and demonstration garden and get tips from members of the Howard County Farmers Market Overseers Committee on starting a farmers market in Dallas County. The biggest decision that has come up so



### Hometown Health Improvement



has been settling on where the market should be located. It has been narrowed down to two locations and a trial market is planned for Saturdays starting May 19. Locations will alternate between the two sites to help determine which will be most profitable for everyone involved.

### Northeast Region

**Greene County** – Stroke is the 4th leading cause of death in the U.S. “In 2006, there were over 9,000 stroke-related hospitalizations in AR. “Rick Washam of the UAMS Center for Distance Health AR SAVES Community Outreach presented stroke information to the Crowley’s Ridge Rural Health Coalition at the March 13<sup>th</sup> meeting. AR SAVES connects 33 AR Hospitals with UAMS through the use of telecommunication for medical diagnosis and patient care. Arkansas Methodist Medical Hospital is one of the hospitals involved in the AR SAVES network. Since 2011 AMMC has had 37 AR SAVES consults and given TPA 7 times!

### Central Region

Kindergarten students at some **Pulaski County** Special School District schools had the opportunity to meet Al E. Gator and learn about good oral health practices in observation of Children’s Dental Health Month. The students learned how to properly brush and floss their teeth as well as learning about the dangers of tobacco use related to oral health. Participating students received toothbrushes, toothpaste, and oral health information for their parents.

### Northwest Region

**Yell County** – The city of Dardanelle has made their ballpark complex smoke free. Before, the smoking area was located in the restroom and concession area near the park entrance. Everyone who entered the park visited the restrooms or concession area had to walk through this area.